



High-Heeled Success[®] Presents:

Equilibrium in High-Heels: Successfully Balance Work and Life

With

Kay Fittes, CEO of High-Heeled Success, LLC
and
Tammi Ector of Pink Collar Savvy & Chic



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Author of *Achieving High-Heeled Success: 50 Ways for Career-Oriented Women to Succeed* and presenter of over 2,500 programs, speaking to almost 100,000 women.

In today's workplace, every woman needs a competitive edge to reach her ultimate career goals. It's not enough to work hard and be competent. Women who succeed at a high level have mastered a unique skill set that sets them apart from their peers. Smart women learn the art of creating visibility, clout and a commanding presence.

Event: Equilibrium in High-Heels: Successfully Balance Work and Life

When: Saturday, June 18, 2016

Time: 9:00 AM - 4:00 PM

Where: Crowne Plaza Cincinnati Blue Ash
5901 Pfeiffer Road
Cincinnati, OH 45242
White Oak Room 2nd Floor

Investment: \$179.00

Your workplace success hinges on your ability to have enough "gas in the tank" to go all out for your career goals. Though you may never have total work/life balance, being exhausted, racked with guilt or resentful is a prescription for career suicide.

Invest in YOURSELF!

You will leave with:

- ✂ Insights into 8 obstacles to women's work/life balance
- ✂ A self-assessment to clarify your challenges
- ✂ Written vision of personal success
- ✂ 4 critical questions to de-martyr yourself
- ✂ 8 steps to managing guilt
- ✂ Tools to "let go" of the uncontrollable
- ✂ Techniques to manage the controllable
- ✂ 3 steps for lightening your load
- ✂ A step-by-step plan for essential self-care

Don't miss this opportunity to connect with women who are walking in the same shoes!

Authorize Charges to Your Credit Card:

Make checks payable to Kay Fittes

Name: _____ Email: _____

Telephone: _____ Visa ___ MasterCard ___ Discover ___

Credit Card #: _____ Expiration Date: _____ CVS: _____

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Signature to authorize the charge: _____